

HYDE COUNTY HOTLINE, INC.

We are committed to promoting dignity, respect and safety at home resulting in safer community.

Visit us at: Website: HydeCounty-Hotline.org Facebook: [Hyde County Hotline](https://www.facebook.com/HydeCountyHotline)

July 2018 Newsletter

Nobody Would Have Been Surprised If I Had Died

She says everyone knew she was living with an abuser growing up. No one intervened



It starts somewhere. It starts in the home. I know what a mass shooter can look like.

First time I saw him, I was 13. The sun wasn't even up yet and I was wearing my track uniform. I poured myself a bowl of Peanut Butter Captain Crunch, turned and there he was, sitting at the round pale-blue Formica table reading the newspaper and drinking a cup of coffee.

He was a large man. Wavy hair and beard intertwined with strands of black and white. Blue-blue eyes. A department store Santa. He smiled at me. Introduced himself. I was late for practice. So I told him to wash his dishes before he left. [READ MORE](#)

January 1 - June 3, 2018 (32 Homicides) Associated With Domestic Violence In North Carolina



WARNING SIGNS OF DATING VIOLENCE

Often there are warning signs present early on in a relationship that can alert you to the fact that the relationship could become abusive. The signs are usually there but often people mistake or confuse them believing they are just romantic or they are concerned about you. You may not have had too many relationships to compare this one to so the only thing you can rely on are your own feelings and learning to recognize warning signs to protect yourself from violence or abuse in the future.

For example, when you first start dating someone it can be a bit confusing if your date starts to act very jealous. You might even feel flattered that they are that interested in you but, actually, excessive jealousy and controlling behavior are not signs of affection at all. They are warning signs that you are likely to be in danger in the future. Take notice of the warning signs and protect yourself from dating violence.

Use these warning signs to alert you that you may be in danger

- He comes on very strong to begin with, is extremely charming and a smooth talker.
- He gets serious very quickly in a relationship.
- He gets extremely jealous of other people.
- He isolates you and tries to make you feel guilty for wanting contact with family, friends or for participating in activities outside the relationship.
- He never takes responsibility for himself, always blames others or something else.
- He abuses drugs and / or alcohol.
- He acts hurt when he doesn't get his own way.
- He takes offense when other people disagree with his opinion.
- He has been cruel to pets or other animals in the past.
- He has threatened you with violence.
- He calls you names, puts you down or swears at you.
- He is extremely moody and switches quickly from being nice to explosive anger.
- He intimidates others e.g. uses threatening body language, punches walls or breaks objects.
- He holds you against your will to keep you from walking away or leaving the room.
- He has abused children.
- He has hit a previous girlfriend.



[Domestic Violence.com](http://DomesticViolence.com)

OUR MISSION

The purpose of Hyde County Hotline, Inc. is to work to eliminate domestic abuse and sexual victimization and provide safe shelter in Hyde County, North Carolina through the collaborative efforts of a compassionate community. We promote dignity, respect and safety at home resulting in safer communities.

Survivor: Kate

After four years of verbal abuse, she didn't predict her abuser would attempt to murder her

By domesticshelters.org

Kate—not her real name—had her story splashed across newspapers, and her abuser is dead, but she still prefers to use a pseudonym here. There is always some level of anonymity in survivors—despite her desire to speak out, tell her story and help others, Kate is still wary of judgment and scrutiny. It is a projection, perhaps, of the way she still sometimes blames herself.

“I always had gut feelings that something wasn't right in our relationship but I didn't listen,” she says. Maybe, she reflects, if she didn't go back to their house that evening when he was there, none of this would have happened.

“He wasn't abusive before that night,” she says.

The night he shot her seven times.

“Well, mentally, yes. But not physically.”

[To Continue](#)



Hyde County Hotline

Serving victims of Domestic Abuse
and Sexual Victimization

24 Hour Crisis Line

252-925-2500

PO Box 335, Engelhard, NC 27824
Advocacy Office 252-925-2502



We love Volunteers!
Please help and call
Hyde County Hotline
252-925-2502.



 Nothing Compares 



**Thank you to the family Violence Prevention Services Program
US DHHS, and NC Council for Women for financial support.**